

Next Steps- Winter Menu

10 am - Brunch

3pm - Afternoon snack

12.30pm - Lunch

4 pm - Tea

Day	Week 1	Week 2	Week 3	Week 4
Mon	Milk and biscuits Sausages ,vegetables mash and gravy - peaches and ice cream Milk and bread sticks Mixed sandwiches - Fruit	Milk and biscuits Steak and vegetable pie & vegetables - ice cream in a cone Milk and bread stick/rice cake Scrambled eggs on toast - Fruit	Milk and biscuits Fish fingers & vegetables - banana & custard Milk and bread stick/rice cake Cheese and oat biscuits - Yogurt	Milk and biscuits Spaghetti Bolognese - strudel Milk and bread stick/rice cake Scrambled eggs on toast - semolina with a dollop of jam
Tue	Milk, and pancakes Pasta Bolognese - fruit jelly Milk and Oaties Potato salad with greens and tuna Seasonal Fruit -	Milk and fruit Chicken vegetable stew - trifle Milk and biscuits/bread stick Ham with potato wedges - flapjack	Milk, pancakes and fruit Roast dinner & vegetables - yogurt Milk and bread stick/rice cake Soup and crusty bread - Fruit	Milkshake & malt loaf Shepherds pie - peaches and ice cream Milk and bread stick/rice cake Cheese and tuna baked potato - - bananas and custard
Wed	Milk, pitta bread and dips Chicken Korma with Rice - apple pie and cream Milk and biscuits/rice cake Scrambled eggs on toast - bananas and custard	Milk and tea cakes with jam Cottage pie & vegetables -Rice pudding Milk and biscuits/rice cake Layered beans and potato - Swiss roll	Homemade fruit smoothies & biscuits Sausage pasta bake - fruit jelly Milk and bread stick/rice cake Mixed sandwiches - mousse	Milk Vegetables sticks & hummus Fish pie & vegetables - chocolate cake Milk and biscuits/bread stick Ham with potato wedges - seasonal fruit
Thu	Milk, toast and jam Jacket potatoes with cheese and baked beans - Malt loaf Milk and biscuits/bread stick Soup & crusty bread - yogurt	Milk and flapjacks Fish Cake and vegetables - Crumble and custard Milk and bread stick/rice cake Soup and crusty bread- fruit	Milk, fruit and yogurt Chilli con carne & rice - ice cream in a cone Milk and biscuits/bread stick Burgers in a bun and salad- jam tart	Milk and seasonal fruit Corn beef hash - yogurt Milk and biscuits/bread stick Soup & crusty bread - Arctic roll
Fri	Milk crumpets and fruit Baked fish vegetables with potato wedges - apple strudel & fromage frais Milk and biscuits/rice cake Cheese and ham toasties - jam tart	Real fruit milkshake & Rice cakes Meat balls in tomato sauce & rice - lemon moon cake Milk and biscuits/bread stick Hot dogs in a bun and salad - Fruit	Milk and seasonal fruit Pork casserole and veg - baked apple and custard Milk and biscuits/rice cake Cheese and ham toasties - Fruit	Milk and Oaties Roast dinner & vegetables - Fruit cocktail Milk and bread stick/rice cake Cheese , biscuits and chutney - yogurt

Water Available at all times